Grocery List Tips

When you're going grocery shopping:

- Make a list of items you want to buy.
- At the store, look at each item on your list and ask yourself, which aisle will this item be in?
- Go to the correct aisles and find the items you need.
- Use a pen or a pencil to cross off each item on your list as you put it in your basket.
- Check the items in your cart to make sure you have everything on your list.
- Go to the cashier to pay for your groceries.

